

## Wellness Program Report November 2017

- CRC fitness room usage: August 17 individuals, 220 uses
- Updated wellness webpage
- Feel Like a Million kick-off
- Worked on projects for health fair
- Attended Weight Watchers programs at 3 sites
- Ordered incentives for health fair
- Confirmed local vendors for health fair
- Attended flu vaccine clinics
- Oversaw mammogram bus
  - Jackson High School
- Held Live Healthy 2020 Workplace Wellness accelerator group
- Attended and presented at meetings
  - Maintenance
  - Janitorial
  - SLT